



Arizona Rivers RRE – Parental Field Consent form

Participants of this field trip will be outside every day of the course. Summer temperatures in Arizona can vary from 50F to over 100F. Participants need to bring clothing appropriate to cover the expected temperature ranges, particularly light weight **long** pants or shorts, long sleeved shirts and **closed-toe shoes or boots**, to protect them from the sun and other field hazards. Wearing a hat and frequent application of sunscreen (with a minimum SPF 30) is highly recommended. Field exercises often include hiking to observation sites (could be up to a 2 miles). We will be around shallow water and all participants are expected to be competent swimmers, or to notify the trip leaders of their swimming experience. Participants should be aware of their surroundings, as **rattlesnakes, scorpions, venomous spiders, etc., are common in Arizona.** Participants should carry a supply of water at all times, and drink frequently – it is easy to become dehydrated and not be aware of your condition.

While this field camp does not seek out extreme conditions, it does largely take place outdoors during Arizona's hottest month when chances of sudden monsoon storms or other unpredictable conditions may occur. The instructors will exercise the utmost care in monitoring the students and camp setting to minimize risks, however parents should be aware that risks are inherent in any field camp experience and might include but are not limited to the following:

1. Vehicle accidents while moving from site to site
2. Food allergies and insect/snake bites
3. Tripping or falling while hiking in or around water (slippery rocks) or on trails
4. Illness due to water or food contamination
5. Accidental drowning
6. Heat stroke/dehydration or hypothermia due to exposure to the elements
7. Body aches and pain associated with overexertion
8. Scrapes, cuts and bruises associated with normal activities, minor accidents or carelessness.

Participant's name (please print): _____

While every effort will be made to follow safe procedures, the field activities that are inherent to this program take place in an outdoor environment with the potential for interactions with extreme weather, wild animals and difficult terrain. I have read and understand the foregoing statement regarding expected field risks and give permission for my child to participate in Arizona River's RRE from June 5-June 20, 2009.

Signed: _____ Date: _____
Parent or guardian

I would rate my child's **swimming ability** as: non-swimmer beginner good

IMPORTANT NOTICE ON BACK →

Arizona Rivers is funded by **SAHRA** and includes partners at:
The University of Arizona, Phoenix College and Northern Arizona University

IMPORTANT!!!!

PERSONAL INSURANCE

Students are required to have health insurance coverage. Students should consider having insurance on any valuable personal property such as cameras, rings, etc. All participants should carry a copy of their insurance card with them at all times.

PHYSICAL DISABILITY

If a student has a disability or a physical condition that will not allow a normal range of activities, this student is to declare so by presenting a physician's letter stating the limits of physical activities to the instructors before the start of class.

MEDICAL CONDITIONS

Any medical conditions of the participants must be brought to the attention of the instructors in advance of the course, *in writing*, particularly sensitivities or allergies to food or medicine.